Capital Vault Incorporated

Quality of Life Goals

This project has been a long term endeavour based on an initiative originally started in 1996. Some of the main ideas involved private companies, securities, venture capital, ideas and working towards a common goal with a shared vision in an environment with organized people, resources, infrastructure and naturally truckloads of money, with awesome opportunities based on a national vision, ideals, values and goals that could be agreed on in a most simple manner.

This quality of life idea is an important one. Some of the things we hope to accomplish in creating greater wealth producing power, is also to save, invest, allocate and spend as we wish. This is discretionary, not disposable ok. This involves not only freedom of choice, but relevant, real, down to earth options that mean something. Not bogus, not hard to understand, no fine print. This may include things you believe in, products and services you want to buy, shared goals and vision that you may want to contribute to or be involved with in some way. Basically the things that are important and mean something to us.

This quality of life idea also involves more free time. This is great for the faculty of creative imagination, family time, time with the wife, the kids and all those who are important. The idea of greater wealth is not from endless hours and zero time for the family or being right out of balance. So when we talk about good solid quality well paying family rated jobs, this includes more family time, more financial resources and all kinds of things to save money and make progress on the things that are important in your life. This also means having resources and the option to have more time at home for Dad or Mom, quality time together and quality time with the kids. This includes having the resources to do private schooling, home schooling and special projects, practical everyday life experiences and special things we remember forever. With the quality of life in prime time, everyone benefits and the rewards are amplified and a good for a lifetime.

Another idea that is usually only available to entrepreneurs or people operating some type of enterprise is when the kids can go to work with you too. This might not be the whole day or every day of the week, but time to offer and enjoy your experience together. People that operate companies can easily enable that option, for themselves and also the people that work there, in a way that is good for every one. Kids have a chance to learn something new, get into that line of work easily if they want to, enjoy quality time and expand their world in ways that would not otherwise be possible. And yes where there is a will there is a way. We can make effort, not excuses.

Strong family and quality time together, enables the solid tried and true principals of life, an industrious work ethic and the natural course of learning and expressing strong family and moral values to be passed on. If we increase our ability to pass on that wealth, the next generation will be much further ahead. This includes pro-active elements for the family, life logistics, wealth generation and management, general health, prosperity and opportunity, a strong ethical moral code, an invincible sense of integrity and seeking to do the right thing in every situation, personal responsibility, a sense of direction, purpose and vision, a supportive group of people, solid, dependable and positive relationships, the opportunity to serve in

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leadership, to reach out to others and make things better. All these things take time, resources and dedication, they must be valued, focused on and worked at. Treating people like gold and encouraging them to be the best of who they are, and valuing others as there is so much we can learn, with new perspectives, understanding, awareness, compassion and respect is essential.

These things are all important for us all to promote in building a better society, a more advanced civilization. I have been able to make progress on this as one of my priorities was to enable a considerable block of free creative time and an environment where I was able to do more of those things I love and am really good at. Even if you look at the total volume, complexity, opportunity and options, you will discover that it is well thought out, it is based on something really important, I really do mean what I say and say what I mean.

I hope you find every thing here positive, encouraging, inspirational, relevant, exciting, dynamic, out of this world, down to earth, as real as it gets, brilliant, awesome, influential, alive, exponential, an idea who time has arrived, that there is a time and place for every thing and every one, that there is something you can believe in, that your life has become more valuable and much more worthwhile, that your step is lighter in the day, that you sleep better in the night, that when you wake up you can jump out of bed with both feet, hit the ground running and race off to the most newest exciting day of your life, that the spark, energy and enthusiasm would be in your eyes, face and voice, that you would feel totally alive, like a mountain top high and the good news like a breath of fresh ocean air, or the smell after the rain, the calm after the storm.

I hope for the best in your personal development, your relationships and your family, these are the building blocks of society. I hope for the prosperity of all the entrepreneurs and enterprises that work hard to create a lot of value for society, this is important to me. It is essential that we do everything we can to generate even greater success and in ways that we don't normally think of that go way beyond the bottom line.

Freedom of choice is well within their power. A personal action plan is a great start, people need to read it and be part of the solution. I wish we can fix those things that are not just or not right, it's a tough job, but someone has to do it. Some things are complicated, some are simple, with awareness, we can recognize the problems and focus on solutions. We do know we are affected with all kinds of global stuff that does not always work to our advantage. We do know about corruption. We can read the label, we do know what trade balances are and we do know what happens when the revenues, companies and jobs don't exist. We do know what happens when economies are not self sufficient, we do know what happens in global economics. We do know that we need keep our financials in order, talk with consultants, work with smart, brilliant and talented people and have high ethical personal and business standards and always do what's right, more than convenience or being comfortable. The rock and a hard place, we always make decisions, we always have intention, we always go in that direction, even if we don't know how, even if the resources are not evident, even if people don't seem to care, don't respond and don't understand. We go forward, over, around or through the mountains, step by step by step. Every step in the right direction.

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We do know we have more to work with than just about anyone else on the planet. We do know we need to dedicate ourselves to continuous improvement in our personal, family and professional lives. We do know that Made in Canada can be a good thing. A solid and energized local, regional and national economic infrastructure creates, supports and promotes jobs and keeps more money in circulation and everyone benefits, including the government. We do know that the gold standard applies to us personally and nationally. We do know what we can do, and that is to focus on the solutions and do everything we can according to our awareness, abilities, resources, interest, time, talents and anything else that is influential in that course of action. We know we can do better, a whole lot better.

It takes courage, discipline, resolution, action, effort not excuses. We really can learn and choose to co-operate and build great things together. Every man needs to be a leader, leadership requires bravery, integrity, determination, vision, wisdom, understanding, caring, respect and trust. Everyone can be part of a new pro-active strategy, everyone is important, everyone has value, everyone can make a difference. I need to be the fuel ignitor. I have been given the ability to write, so I write. I have been give fantastic abilities to dream, imagine, organize and find solutions, fix problems and the ability to care, a noble endeavour of self-sacrifice. To make a speech for a worthy cause or a multi-billion dollar program, it is the same to me, passion, integrity, value, ideals, opportunity, the capacity to transform life from everything it is to everything we want it to be. You can believe I listen very well, beliefs, opinions, perspective, perception, understanding, feelings, experiences, stories, good or hard realities, I want to know what it is, I know there is something valuable to contribute somehow so that the quality of life is better and better, that there is hope, that people have courage, that people can try new things, takes risks, accept challenge, experience the sweet reward of victory, success, achievement, tangible or not, real in every way imaginable.